

PE

Statutory ELG: Physical Development

Children at the expected level of development will:

Negotiate space and obstacles safely, with consideration for themselves and others;

Demonstrate strength, balance and coordination when playing;

Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

Birth to five matters

Move in a range of ways, moving freely and with confidence making changes to body shape, position and pace of movement. Experiments with different ways of moving, testing out ideas and adapting movements to reduce risk. Jumps off an object and lands appropriately using hands, arms and body to stabilise and balance. Negotiates space successfully when playing racing and chasing games with others, adjusting speed or changing direction to avoid obstacles. Travels with confidence and skill around, under, over and through balancing and climbing equipment. Shows increasing control over an object in pushing, patting, throwing, catching or kicking it

Tier 3 Vocabulary

Kick, catch, throw, push, pat, slither, shuffle, roll, crawl, walk, run, hop, slide, squat, climb, land, stand, jump, balance, space, race, chase, speed, direction, obstacles